

Sports Clubs Timetable 2009/10

Club	Day	Time	Location
Aikido	Mondays	6.30pm - 8.00pm	John Sandford Sports Centre
	Fridays	6.30pm - 8.30pm	
	Sundays	11.00am - 12.30pm	
American Football	Thursdays	6.30pm - 8.30pm	Nelson Mandela Park
Badminton	Mondays	8.00pm - 9.30pm	John Sandford Sports Centre
	Thursdays	8.00pm - 9.30pm	
Basketball (Men's)	Wednesdays	7.30pm - 9.30pm	John Sandford Sports Centre
	Fridays	7.30pm - 9.30pm	
	Sundays	3.00pm - 5.30pm	
Basketball (Women's)	Mondays	7.30pm - 8.30pm	John Sandford Sports Centre
	Thursdays	6.30pm - 8.00pm	
	Sundays	3.00pm - 5.30pm	
Capoeira	Mondays	7.00pm - 10.00pm	Leicester YMCA
	Thursdays	8.00pm - 9.30pm	John Sandford Sports Centre
Cheerleading	Tuesdays	6.00pm - 7.00pm	John Sandford Sports Centre
	Tuesdays	7.00pm - 8.00pm	Campus Centre 2.01/02
	Thursdays	7.00pm - 9.00pm	Level 1
Climbing	Wednesdays	8.00pm - 9.30pm	Moat Community College
	Fridays	8.00pm - 9.30pm	Towers Climbing Centre
Cricket	Thursdays	8.00pm - 9.30pm	John Sandford Sports Centre
Equestrian	Wednesdays	TBC	Witham Villa Riding School
Football (Men's)	Mondays (1st&2nds)	5.30pm - 7.00pm	Moat Community College
	Mondays (3rd&4ths)	5.30pm - 7.00pm	St Margaret's Pastures
Football (Women's)	Mondays	8.00pm - 9.30pm	John Sandford Sports Centre
	Tuesdays	TBC	St Margaret's Pastures (TBC)
Golf	Tuesdays	6.00pm - 8.00pm	Humberstone Heights Golf Club
Hockey	Mondays	5.00pm - 6.30pm	John Sandford Sports Centre
	Fridays	5.30pm - 7.00pm	St Margaret's Pastures
Jiu Jitsu	Tuesdays	7.00pm - 8.30pm	John Sandford Sports Centre
	Thursdays	6.00pm - 8.00pm	
	Fridays	5.00pm - 6.30pm	
Netball	Mondays	6.30pm - 8.00pm	John Sandford Sports Centre
	Thursdays	5.00pm - 7.00pm	
Rowing	Tuesdays	6.30pm - 8.00pm	John Sandford Sports Centre
Rugby (Men's)	Mondays	6.30pm - 9.00pm	Oadby Wygs RFC
	Tuesdays	TBC	Oadby Wygs RFC
Rugby (Women's)	Mondays	6.00pm - 9.00pm	Nelson Mandela Park
	Thursdays	7.00pm - 8.00pm	John Sandford Sports Centre
Ski & Board	Tuesdays	7.30pm - 9.00pm	Swadlincote
	Thursdays (Social)	8.00pm onwards	Soar Point
Squash	Wednesdays	2.00pm - 4.00pm	Leicester Squash Club
Swimming	Mondays	7.00pm - 8.00pm	New Parks Leisure Centre
	Thursdays	6.00pm - 7.00pm	

Tae Kwon Do	Tuesdays	7.00pm - 9.00pm	John Sandford Sports Centre
	Thursdays	7.00pm - 9.30pm	
Tennis	Sundays	5.00pm - 7.00pm	David Llyods Health & Racquet Club
Ultimate Frisbee	Fridays	6.30pm - 7.30pm	John Sandford Sports Centre

Contact DSU Sports & Recreations Office 0116 2555576 option 1 for more details